

OVERVIEW

Our curriculum is designed to strengthen students' resilience to successfully cope with the challenges they will face in their lives, to help them in developing a respectful moral code and instilling in them ambition to achieve their potential in the Salford community and world beyond

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HT1 Mental and Emotional Health

- 1) How do I look after my emotional health?
- 2) How do I form positive friendships?
- 3) What is online stress and FOMO?
- 4) How can social media influence wellbeing?

HT2 Relationships & Sex Education

- 1) How can we give and recognise consent?
- 2) What are different types of contraception? What are the risks of not using contraception?
- 3) What are the facts surrounding pregnancy? What are the options when someone gets pregnant?

Assessment:

Students are continually assessed through reflective written activities, teacher questioning and class discussion.

There is no formal, summative assessment of PSHE, RSE or Health.

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HT3 Living in the Wider World

- 1) How can I manage financial risks in future?
- 2) What are my strengths, interests, skills and qualities? Considering GCSE options
- 3) What are my career aspirations?

HT4 Community: Politics

- 1) How is our country governed?
- 2) What is the role of an MP?
- 3) What is propaganda?

Assessment is monitored through learning walks, book checks, and student/teacher voice.

Sum

HT5 Keeping Safe - Drug and Alcohol Education

- 1) What are the effects and risks of drugs and alcohol use?
- 2) How do thoughts and feelings lead us to making decisions?
- 3) What are the risks associated with gambling?

HT6 Healthy Lifestyles

- 1) Why do people donate blood and organs?
- 2) What is cancer prevention

Useful resources for supporting your child at home:

Oak National Academy- [KS3 Citizenship Citizenship lessons for Key Stage 3 students](#)

Oak National Academy – [KS3 RSHE \(PSHE\) lessons for Key Stage 3 students](#)

Being aware of the news and current affairs Home - BBC News